

Avocado-Papaya Salad

Show: Feb. 13th

Ingredients: Serves 4

2 Ripe Avocados
1 Ripe Papaya
1 Grapefruit, segmented & seeded
1 Blood Orange, segmented & seeded
2 Tbls. Avocado-Blood Orange Oil
1 Pinch Salt

Procedure:

Cut avocado and papaya into slices, peel and segment the grapefruit and orange, removing all seeds. Place in a large mixing bowl and toss with Avocado-Blood Orange oil.

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