

Broccoli Tree Crudités

Show: Dec. 5th

Ingredients: 1 tree

1 8 inch Styrofoam Cone
1 Styrofoam round about 8 inches diameter
3 hds Broccoli Florets
1/2 bskt Small Cherry Tomatoes
1/2 lb Fresh Spinach
1 box Toothpicks, colored cocktail

Procedure:

Attach the base to the cone by using a long screw into the bottom, keeping it stable or use a glue gun to secure them.

Wilt spinach in bowl covered with plastic wrap in microwave for about 50 seconds. While damp, wrap the cone, from top to bottom, with the leaves. Meanwhile break the flowerets from the broccoli and blanch in hot water or steam until al dente (not quite soft). Then plunge in ice water to stop the cooking process and to maintain the color.

Skewer each floweret with a toothpick and stick onto the tree. Skewer a few of the tomatoes and place around the tree as ornaments.

Serve with a Red Pepper Mayonnaise or Pesto

For a fruit tree, use strawberries making a terrific and delicious tree. Serve with bowls of sour cream, brown sugar and chopped candied ginger.

[« Back to List of Recipes](#)