

## Frozen Fruit / Flower Block or Ring

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### Ingredients:

Empty milk/cream cartons or any other nicely shaped used-carton and a ring mold.  
Fruit or flower blossoms of choice.  
Fruit juices (the same ones you use in the punch)

### Procedure:

Fill the ring mold or other containers with juice and float in the various flower blossoms and cherries, berries or pieces of fruit. Place in freezer until solid. And keep frozen until ready for the punch. Making the ice with fruit juices keeps the punch from being diluted by melting ice.

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