meats, cheeses and vegetables.

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Fruit Turnovers in Phyllo with Rose Petals Show: Nov 14th

Ingredients: Makes 1 Turnover
1 sheet Phyllo Dough 1 Rd. Tbs Cheesecake or Goat Cheese 1/4 cup Berries 1 Tbs Butter (or Veggie Spray or Canola Oil) 2 tsp Sugar
Procedure:
Preheat oven to 350°F.
Lay a sheet of Phyllo on flat surface. Brush with 1 Tbs of butter or spray with veggie or canola oil. Randomly lay dark red rose petals over the surface.
Sprinkle dough evenly with 1 tsp of sugar. Fold dough into thirds lengthwise. Again, brush with butter or oil and sprinkle 1 tsp of sugar.
Place a rounded Tbs of goat cheese or cheesecake at one end of the dough, top with 1/4 cup fresh berries (blueberries, raspberries or strawberries). Fold the dough over like a flag fold, to create a triangle.
Bake in the middle of preheated oven at 350°F until crisp, but not brown.
This technique is good for savory hors d'oeuvres using leftovers such as stews, shredded