

Skewered Fruit Kabob

Show: Oct 27th

Ingredients: 2 servings

4-6 cubes Fresh fruit
(Pineapple, melon, etc)
1 Korean Mint stalk with flowers
1 Hyacinth Bean Flower stalk
or Rosemary stalk

For the fruit:

Strip the flowers and leaves from the bottom 4-5 inches of the Hyacinth Bean Flower stalk.
Skewer the fruit onto it, drizzle with lemon juice and serve.

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