

Pear and Butter Lettuce Salad (Dave Mills)

Show: July 24th

Ingredients :Serves 4

4-5 heads Butter Lettuce
2 Pears, ripe, peeled, cored and sliced
1/2 cup Blue Cheese, crumbled
1/4 - 1/2 cup Toasted walnuts or candied pecans

Procedure:

Core the butter lettuce and hand-tear into pieces. Place all ingredients into a large bowl. Mix well, drizzle with extra virgin olive oil and balsamic vinegar (both to taste). Usually a 2 to 1 oil to vinegar. Toss lightly.

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